

# Positive Programmes Progress Report

*Prevention, Intervention and  
Targeted Delivery*

Northamptonshire: April - October 2009



## **Positive Programmes**

is the brand name given to a co-ordinated set of activities combining funding streams from Positive Activities for Young People (PAYP), and Connexions to deliver a meaningful programme of Targeted Youth Support and diversionary activities in Corby and elsewhere.

## **Positive Activities for Young People (PAYP)**

is a targeted programme for young people aged 8-19 (dependant on local area and needs) at risk of social exclusion and negative outcomes. PAYP Northamptonshire has been in operation since October 2004. It provides diversionary and developmental activities over 30 hours a week during school holidays for referred young people. Those most at risk have access to key worker support.

connexions

NORTHAMPTONSHIRE



# Aim of PAYP

The aim of PAYP is to provide targeted youth support to those at risk of negative outcomes to:

- participate in positive activities during the school holidays;
- access out of school activities throughout the year; and
- be supported to engage in learning and/or employment with Key Worker support for those most at risk.

## Key objectives for Northamptonshire PAYP

- Reduce crime and anti-social behaviour in the short and long term.
- Support young people back into education or training and help them stay there, by working with those at risk of truancy.
- Provide access to high-quality arts, sports and cultural activities, and make provision for those with an interest and/or talent in any area to continue after the programme has ended.
- Bring together young people from different geographical and ethnic communities to help break down prejudice and misunderstanding.
- Give young people opportunities for personal development including the development of self-discipline, self-respect and self-confidence enabling them to communicate more effectively with a range of people and work as part of a team.
- Support at key transition stages - Year 11 summer projects (UProject).

## Main PAYP Programmes

**WHO: Targeting vulnerable young people ages 12 – 19**

**HOW: Referral from agencies**

**WHERE: Corby April – October 2009**

**36** Young people taken up full time places

**27** Key worked

**14** Female – **22** Male

Each young person must have three significant risk factors from the following examples:

### Offending:

Previously convicted, has been arrested in the past 12 months, persistent juvenile nuisance/anti-social behaviour order in the past 12 months.

### Education:

Permanently excluded in the past 12 months, received a fixed term exclusion, truanting at least 2-3 days per month, Statement of SEN.

### Other:

His/her name placed on the child protection register, no allocated worker able to give sustained support, involved with negative peer group, living in care/hostel, young carer, substance misuse issues.

**Positive Activities for Young People (PAYP) is successful in re-engaging young people facing serious problems because they combine structured, high quality activities with ongoing professional support and advice.**



## Main Risk factors breakdown

- 12 Fixed term exclusion.
- 6 Referrals/contact with Social Services.
- 3 Issued final warning.
- 3 Involved with negative peer group.
- 2 Previously convicted.
- 2 No allocated worker.
- 1 SEN.
- 1 Living in care/hostel.
- 1 Truancy.
- 1 Permanent exclusion.
- 1 Received reprimand in last 12 months.
- 1 Persistent juvenile nuisance/ASBO.
- 1 Known to be offending but not in Youth Justice system.
- 1 Arrested in last 12 months.



Please note the average for each young person is 5 risk factors.

Targeted PAYP programmes are providing better and more personalised intensive support for each young person who has serious problems or gets into trouble.

## Key Worked

27 Key Worked young people - the “hardest to reach” young people.

- Key work support requested from agencies.
- Key workers have overall responsibility as the young person requires a high level of intervention.
- Individual young people will be referred in; young people’s needs are assessed using Connexions APIR framework and placed on to full time PAYP provision, with specific 1:1 work and group work through PAYP and other programmes.
- **PAYP team, local delivery partners and other agencies where appropriate will work together to support and meet the needs of the individual.**

## Example of Key Work / One-to-one Support

- APIR process.
- Support to attend PAYP activities.
- One to one intensive/advanced support/advice/signposting/motivational.
- Information sharing with school.
- Advocacy with all relevant services.
- Referred to specialist service, (i.e. children’s mental health).
- Supported to attend periodic children’s specialist services appointments.
- Liaised with psychologist and researched the approach.
- Organised careers interview.
- Supported application process to further education.
- Referral to Children’s Services for homelessness issues.
- Benefit advice/supported application for severe hardship.
- Researched training and volunteering opportunities.
- CV workshop.
- Job search support.
- Referral to Connexions “Be Positive” course.
- Referral to Connexions Youth Involvement team for volunteering opportunities.
- Researched accommodation issues and possible funding routes (single room rent details and benefit agency loan options).
- Arranged meeting with hostel and currently supporting to meet and discuss possibilities of accommodation.



## Current status

- **28** Yr 8-11 registered at education establishment.
- **4** Yr 12-13 school.
- **2** Yr 8-11 not registered with educational establishment - now on school roll.
- **1** NEET awaiting E2E place - also applied to Army and in final stage.
- other Government funded training.



## Referral Agencies

**We respond to request for involvement from a variety of sources - professionals, agencies, communities, families and young people.**

- **9** school PSA
- **5** PTLP
- **4** School Inclusion Manager
- **4** Parent
- **3** Self referral
- **3** Learning mentor
- **2** School pastoral support
- **2** Children's services
- **1** SENCO
- **1** Foster carer
- **1** St John's Ambulance
- **1** Connexions

## Wellingborough PAYP

**Building on the success of its targeted youth support programme - Corby PAYP - we have now expanded the availability of PAYP to Wellingborough.**

**WHO: Targeting vulnerable young people ages 12 –19.**

**HOW: Referral from agencies.**

**WHERE: Wellingborough August – October 2009.**

**18** Young people taken up full time places.

**14** Males.

**4** Females.

### Main Risk factors breakdown

**12** negative peer groups.

**1** social service.

**1** ASBO.

**1** SEN.

**1** fixed term exclusion.

**1** living in care.

**1** behaviour EBD .

### Referral Agencies

**12** local delivery partner.

**2** PTLP.

**2** Social Services.

**2** self referral.

### Current status

**18** Yr 8-11 registered at education establishment.

## Example of our Group Work / Activities

- Holiday provision of 30 hours per week to include various sports and arts (football, basketball, wheelchair basketball, tennis, badminton, trampolining, athletics, arts and crafts, various music projects, graffiti art, break dancing) and many others.
- Tournaments and events.
- Trips: Alton Towers, theatre, outward bounds (abseiling, rock climbing, mountain biking, bowling), country park visits and many others.
- Various Accreditation i.e. Community and Junior Sports Leader Award, First Aid for babies and toddlers, Basic Food Hygiene and others.
- Volunteering opportunities.
- Issue based curriculum including: communication, independent living skills, employment and training, awareness of self and others, health, equality, and offending behaviour.

# COUNTYWIDE key transitions NEET projects

## SUMMER PROGRAMME 2009

The whole purpose of this segment of Positive Programmes is to provide a way to keep young people who are going through very important, stressful transitional times motivated, focussed and on track with their futures.

The focus is on year **11** leavers and other 16-18 year olds at risk of becoming NEET. (Year 10 pupils who are in danger of being NEET will be considered - dependant on availability).

**PAYP** have made use of residential activities increasing the diversity of provision and giving young people the opportunity to mix with others from different backgrounds whilst raising their aspirations.

## Objectives

Young people will participate in residential or intensive days of workshops and activities at various centres. Projects in all 7 areas of the county.

All young people received one-to-one support, action planning options and workshops on post-16 options from their local Connexions service.

## Areas and Activity Providers

- East Northants
  - Connexions visit to London
  - Rushmere Academy (RA)
  - Hollowell Sailing Centre (HSC)
- Daventry
  - Connexions visit to London
  - YMCA – Lake District
  - Youth Service - Taster Jobs
  - Rushmere Academy (RA)
  - Hollowell Sailing Centre (HSC)
- Wellingborough
- Northampton
- Northampton
- Kettering
- South Northants
  - Rushmere Academy (RA)
  - Hollowell Sailing Centre (HSC)
- Corby
  - Corby Borough Council– Peak District

**80 Participants came from all 7 areas of the county**

## Outcomes

- **20** yr 12 – 13 FE College
- **19** yr 8 – 11 registered at educational establishment
- **18** yr 12- 13 school
- **7** E2E
- **5** NEET (need level 2 place none available)
- **3** Part time learning
- **3** NEET awaiting E2E place
- **2** NEET seeking EET
- **1** NEET seeking employment, refused training offers
- **1** Other government funded training
- **1** Higher Education

Many young people in this county still do not have access to these opportunities for reasons including affordability and aspiration.



# Summer Estate Based for 2009

(Currently funded through Prevention through Learning PTLP)

- A programme was designed to work on various estates initially in Corby with high anti-social behaviour (ASB) incidents.
- This is delivered during the summer months and is through a multi-agency approach.
- The age range is flexible although prominently for the 13+ age groups.
- The designing of the programme is to offer diversionary activities in hotspots during times of high level ASB.

- East Northants - Raunds, Irthlingborough, Rushden.
- Wellingborough - Queensway, Hemingwell, Kingsway, Basset Park.
- Northampton 1 - Lumbertubs.
- Northampton 2 - Eastern District (other).
- Kettering - William Knibb Centre.
- Corby - Kingswood, Hazelwood, Lodge Park.

## EAST Northants – Manor School

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	8	12	12	20	14	10	14	1	3	94
Female	12	9	15	12	13	3	0	0	0	64
Total	20	21	27	32	27	13	14	1	3	158

## Corby – Corby Borough Council

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	2	0	6	7	11	12	5	0	3	46
Female	2	3	5	8	3	3	10	0	0	34
Total	4	3	11	15	14	15	15	0	3	80

## Eastern District Northampton - Youth Service

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	0	0	0	0	3	2	5	1	0	11
Female	0	0	0	1	4	8	7	2	1	23
Total	0	0	0	1	7	10	12	3	1	34

## Wellingborough - Youth service

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	0	0	0	8	16	19	15	4	2	64
Female	0	0	0	1	3	2	0	0	0	6
Total	0	0	0	9	19	21	15	4	2	70

## Wellingborough – Service Six

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	4	7	3	18	6	4	4	1	0	47
Female	0	0	2	4	1	0	0	0	0	7
Total	4	7	5	22	7	4	4	1	0	54

## Northampton – YMCA

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	18	8	10	10	10	5	7	6	1	75
Female	2	0	2	1	3	0	0	0	0	8
Total	20	8	2	11	13	5	7	6	1	83

## Kettering – Kettering Borough Council

Age	8-10	11	12	13	14	15	16	17	18	Total
Male	14	27	26	27	28	23	24	13	19	201
Female	8	12	12	9	11	8	7	9	8	84
Total	22	39	38	36	39	31	31	22	27	285

## Term time provision Corby October 2009 onwards

Building on the success of PAYP, to expand the availability of a year-round highly personalised provision in Corby for the most disengaged young people, in order to sustain outcomes and support progression.

### Aim:

- To increase the participation of young people who are “hard to reach” during all year provision - 3 / 5 sessions a week throughout term time.
- To increase the face-to-face contact and support of young people.
- To have a number of sessions created and delivered in partnership.
- Access for more young people to be offered full time PAYP provision and key work support.

### Outputs and Measures:

- To measure young people’s participation in structured PAYP term time.
- To identify baseline term time target by December 2009, and implement improvement target.
- To contribute towards the TellUS 3 survey in Northamptonshire for participation in positive activities - currently at 64.9 %.
- To contribute towards NI 110 - Young people’s participation in positive activities.

Engaging young people into activities through long-term support has been recognised as a key factor in successful delivery of PAYP.

# Whats Next October 2009 Onwards!

**The expansion into other county areas to increase the provision of the main PAYP projects and term time activities.**

- To continue to be part of a collaborative holistic service.
- To continue to be part of a strong partnership.
- To bring strong individual work of Positive Programmes into the effective work of the children and young people's partnership.
- To continue with effective work focused on outcomes.
- Comprehensive 2009 case studies available on request.

To continue contributing towards children & young people's service key priority outcomes particularly:

- **8** - Reduced offending.
- **10** - Improved attendance & reduce exclusions.
- **12** - Reduction of 1st entrants.
- **13** - NEET.
- **15** - Participation of YP TYS / IYO increased.



**Positive  
Programmes  
would like to  
acknowledge  
& thank all  
partnership  
agencies.**